



केन्द्रीय विद्यालय संगठन(अहमदाबाद संभाग)
KENDRIYA VIDYALAYA SANGATHAN(AHMEDABAD REGION)
(Under Ministry of HRD, Govt of India)
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Date : 05-03-2018

My Dear Secondary & Senior Secondary Children,

e-mail / RO website

Namaskar to All !

Now the time has reaped to prove your ability through the Board Exam and select your own subject areas to become an able person to learn and nurture further for yourself, for your family and for the society in particular.

Following things to keep in mind while giving Board Exam :-

- * Study all the chapters concentrating of each of them.
- * It is imperative to understand the basics of the chapters, which makes it easy to memorize things better.
- * Never hesitate to clear your doubts even if it is at the eleventh hour.
- * If one feels stressed out, one should find peaceful place to sit and take one's mind off from studies.
- * Have immense confidence in yourself and never put in nervous.
- * Have 06 hours sound sleep prior to the exam day.
- * Have sufficient energy giving food to overcome stress.
- * Please wear the school uniform.
- * Take a deep breath and try to relax if you feel tensed up.
- * Avoid unnecessary discussion or argument with others just before the examination which may lead to confusion and tension.
- * Make sure you have attempted all the questions without fail and utilize 3 hours 15 minutes efficiently.

- * Don't stress too much about exams, no matter what happens, things always turn out the way they are supposed to be.

On behalf of Deputy Commissioner, Assistant Commissioners and staff of Regional Office, I wish all the Secondary, Senior Secondary and students of other Classes for their best effort in the ongoing Examination 2017-18.

Kindly convey the Message to all concerned.

With warm regards,

Yours faithfully,

(SP PATIL)

OFFG. DEPUTY COMMISSIONER